



**St. James Lutheran Preschool**  
**Mommy & Me Program**  
229 Second Avenue, St. James  
Office #631-862-8934  
[meredithpreschool@stjlc.com](mailto:meredithpreschool@stjlc.com)



**\$150/ 6-wk session**

## **Mommy & Me**

**All are welcome to attend with  
your little one!**

- Mom
- Dad
- Grandparent
- Nanny/AuPair

**Fall Session (6 Wks) ~ Fridays 9:45 – 10:45 am  
(starts in October)**

**Winter Session (6 wks) ~ Fridays 9:45– 10:45 am  
(starts in January)**

**Spring Session (6 wks) ~ Fridays 9:45 – 10:45 am  
(starts in March)**

Mommy & Me is for children aged **Birth-24 months** and is facilitated by a St. James Lutheran Preschool teacher.

### ***Children come to...***

- Explore a child-friendly environment that challenges and nurtures using simple play materials.
- Delight in special attention given to support their unfolding interests, motor abilities, and problem-solving skills.
- Experience social interaction that stimulates their speech and language development all while engaging with other toddlers.

### ***Adults come to...***

- Experience an environment that encourages the valuable exchange of ideas, joys and challenges of raising a young child with the Teacher and other parents/caregivers.
- Explore the value of observation in seeing and understanding what their children are doing and how they are learning as they play.
- Delight in the joy of sharing songs and games with their children that support speech and language development.
- Meet other parents and find a community of sharing and support.

### ***Registration Details:***

- Classes will be filled on a first-come, first-served basis upon receipt of both registration form and payment in full. Full Session payment is required before attending the first class.
- Classes meet for 6 weeks per session on Fridays from 9:45 – 10:45 am. Cost for each Fall, Winter or Spring Session is \$150.
- All fees are non-refundable once the session starts. No prorating for absences or partial attendance.
- One make-up date (at the end of the program) will be scheduled for a cancelation made by the Preschool.

**Call the Preschool Office for our Mommy & Me Session Dates,  
to receive a Registration Form (via email) and/or to schedule a tour!**